

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sewela Seoko

Has successfully participated & completed the

21km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 02:57:11

PACE 08:25/km

GENDER 133 of

206

OVERALL 401 of 530

SENIOR (20- 57 of 91

39)

16 February 2019, Sat Date

Signature